



mamapalooza.ca

HOLIDAY

Hit List 2011



For Their Stockings:

1. [Felt Wise Owl Hair Klips](#) (\$9) – Kula Klips
2. [Bone Head Dinosaur Comb & Brush](#) (\$7) – Sprogs
3. [Paper Drinking Straws](#) (\$4.50) – Bumblebee Baby & Kids
4. [Spiny Spider Bracelet](#) (\$5) – Bumblebee Baby & Kids
5. [Buckled Belts](#) (\$10/\$16) – Kula Klips
6. [Chopstick Kids](#) (\$12.50) – Sprogs
7. [Piggy Paint](#) (\$10) – Sprogs
8. [Bugalug Cool Cuffs](#) (\$5) – Bumblebee Baby & Kids
9. [Bow Tie](#) (\$11) – Kula Klips

I have often found Stocking Stuffers to be some of the more difficult gifts to buy. This, however, was BEFORE I discovered some of the great online stores that are local to Edmonton & surrounding areas. Check out the great ideas below as a starting point & be sure to visit each store for even more fabulous products!



Sprogs.ca is a
new online boutique in Edmonton
carrying unique and fun stuff for kids!

PIGGY PAINT | PADALILY | ROCKABYE BABY | BINK LINKS
JAM BOOKS | SMARTIE PANTS | PIGGY STORY

www.sprogs.ca | info@sprogs.com



Holiday 2011 – Family Friendly Events

[A Prairie Christmas](#)

Located: Prairie Gardens and Adventure Farm

Dates: Weekends from November 26th - December 18th

Includes: Petting Farm, Festive Lunches, Marshmallows & Bonfires, Cookie Decorating, Train Rides with Santa, Pictures with Santa and SO much more.

[Festival of the Trees](#)

Located: Shaw Conference Centre

Dates: Thursday December 1st - Sunday December 4th (9am-9pm, 9am-5pm on Sunday)

Includes: Beautifully festive trees and displays. Buy your tickets now for

[Seasonal Sundays](#)

Located: John Janzen Nature Centre

Dates: Sunday December 4th (1-4pm)

Includes: Christmas ornament making, Winter Wonderland game, Educational Talks and more.

[Christmas Around the World \(registered program for ages 3-5\)](#)

Located: Muttart Conservatory

Dates: Tuesday December 6th (9:30am-11:30am)

Includes: Exploring and learning about the different plants associated with Christmas, holiday crafts and children get to pot a plant to take home and nurture.

[Countdown to Christmas - Shopping with the Animals!](#)

Located: Edmonton Valley Zoo

Dates: December 10th & 11th

Includes: Santa's Workshop ornament making for the kids while parents shop for unique animal-themed Christmas gifts.

[Snowflake Sundays](#)

Located: Muttart Conservatory

Dates: December 11th & 18th

Includes: An interactive "Ice Crystal Sounds" display, games, crafts, music and a snow themed hunt through the pyramids.

[Christmas Reflections](#)

Located: Fort Edmonton Park

Dates: Sunday December 11th & 18th (4-8pm), December 9th, 10th, 15th-17th, 19th-23rd (6-10pm)

Includes: Horse drawn wagon tour, Carol Singing, Christmas crafts and baking, Photos with Father Christmas and more.

[Walters' Christmas Party \(registered program for ages 3-5\)](#)

Located: John Walter Museum

Dates: Tuesday December 13th (9:30am-11:30am)

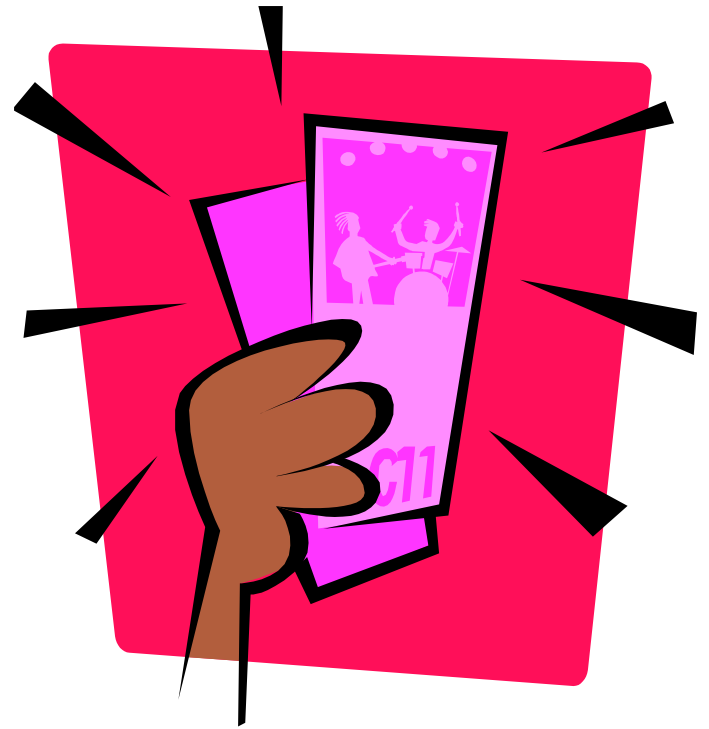
Includes: Traditional gift making, stuffing stockings, Christmas carol singing and even more activities.



GET YOUR TICKETS!

Don't miss out on these Holiday Classics! Click on the Show's Title to be taken directly to more information on each Show:

[A Christmas Carol](#)
[The Nutcracker](#)
[The Velveteen Rabbit](#)
[Handel's Messiah](#)
[The Singing Christmas Tree](#)
[The Wizard of Oz](#)

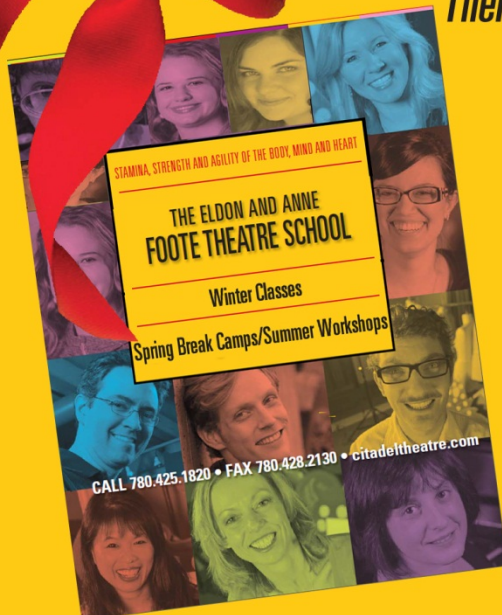


Remember to check our [Calendar of Events](#) regularly as it is always being updated with new family-friendly events in Edmonton & surrounding communities.

[Add your family-friendly event](#) to our Calendar too!

Give the Gift of Arts Education

There's a class for everyone at the Foote Theatre School!



CLASSES ON SALE NOW

Winter, spring and summer classes available for children, teens and adults.
Call the box office or visit our website for more information.
15% off for Modern Mama Holiday Guide Readers!

780·425·1820
citadeltheatre.com



A Time to Give:

Poverty & homelessness never take a holiday. And while we need to be conscious of and compassionate to others throughout the whole year, the Holiday Season often serves as a reminder of those less fortunate than ourselves. Please take a moment to review the ways that you can make a difference to those hurting within your community right now. These are only three of the many charities in and around Edmonton. Please listen to your own heart and donate or volunteer where you wish.



Items we need



- good condition men's winter boots
- warm adult ski gloves
- men's toques (neutral colours preferred, eg. black, beige, gray)
- sleeping bags
- warm blankets
- adult socks
- adult underwear
- adult long johns
- hygiene items, including toothbrushes, deoderant, bar soap, shampoo, foot powder
- blue jeans in good condition
- small working kitchen appliances, eg. toasters & coffee maker
- good condition bath towels

Items we don't need

- out of date electronics
- tube TVs
- computer components, such as printers
- mattresses or bed frames
- couches or other large furniture
- large appliances
- dirty or worn out clothing

Give a gift from the [Hope Mission 2011 Christmas Gift Catalogue](#)

[Donate Online](#) as a Christmas Donation or simply generalized giving

View the [List of Goods](#) needed by the Hope Mission



Warm Words, Warm Bodies

What "warms" you? A cup of coffee, snuggling up in a blanket, a hug from a friend, or a sweet note from a loved one? We all have things in our lives – tangible and emotional – that make us feel safe, comfortable, warm. We invite you to share the warmth in your life with those in need by providing Warm Words, Warm Bodies.

Warm Words - Many of the people who use our services rarely hear words of encouragement, hope and well wishes from loved ones. We invite you to make a gift of supportive, hopeful words to our community members. Words that encourage, uplift, and show someone who is climbing enormous obstacles...that it is worth the climb.

Take a moment to jot down some 'warm words' for those individuals who have no family, or those who are experiencing health problems that prevent them from working.

Submit your Warm Words to Amanda at aalmeida@bissellcentre.org and our volunteers will compile your words into colourful displays and post them throughout our common areas.

Warm Bodies - People who come to Bissell Centre for clothing rarely get new items for themselves. Everything is used, passed down, discarded from another closet. At Christmas, we aim to provide the adults who access services at Bissell with a brand new hoodie, as we've done the last three years. Something that is their very own – fresh, clean, new. Will you help us ensure each woman and man receive a hoodie?

You may purchase hoodies (all sizes, dark colours) and have them delivered to Bissell Centre East at 10527 – 96 Street. We also accept financial contributions targeted toward the purchase of hoodies. You send a cheque to Bissell Centre or make a donation online at www.bissellcentre.org, and we will purchase hoodies with your generous contribution.

For questions about hoodies and other clothing donations, please contact Barb at [780.423.2285 ext. 159](tel:780.423.2285) or orbnickel@bissellcentre.org.



Wish List (Ongoing Needs)

Toiletries (Most Urgently Needed):

- Men's socks and underwear
- Shaving cream
- Deodorant
- Razors
- Foot powder
- Toothbrushes and toothpaste
- Feminine hygiene items

Kitchen Items:

- Frying pans
- Dish soap
- Toasters and hot plates
- Pots and pans
- Coffee pots
- Cooking utensils
- Can openers
- Dish cloths and tea towels

Clothing:

- Hoodies
- Mens jeans 30-36
- Shoes, boots and socks
- Seasonal adult coats
- Seasonal kid's coats (tots to 2XL)
- Men's and women's underwear

Miscellaneous Items:

- Blankets and sleeping bags (Urgently Needed)
- Men's running shoes (sizes 8-13)
- Alarm clocks
- Laundry soap
- Women's running shoes (sizes 5-10)
- Bedding and pillows
- Wash clothes and towels
- Pampers (any size)

Coffee Bar Items:

- Coffee
- Tea
- Hot chocolate
- Sugar
- Artificial sweetener (i.e. Sweet and Low)
- Plastic grocery bags
- Empty egg cartons



This guide brought to you by Mamapalooza.ca

Monetary Donations Accepted

Donating is easy.

Online: www.theseed.ca

By phone: 780-426-5600

By mail:

PO Box 1842, Main Post Office Edmonton, AB T5J 2P2

In person: 10568-114 Street

Storage space is a very real problem for us. Please limit your donation to two bags.

Only clothing in season will be accepted and it must be new or gently used and laundered.

Christmas Wish List:

Winter Wish List Winter Wish List

- Wool blankets
- Sleeping bags
- Winter coats
- Gloves
- Long underwear
- Backpacks
- Wool/thermal socks
- Travel mugs
- Feminine hygiene products

Christmas Gifts

Please donate NEW unwrapped toys for children ages 0-17. Toys are accepted for The Kids' Christmas Party by December 7. Toys and gifts are also accepted for The Family Gift Centre by December 14.

We are often short of items for teens and children 0-2 years of age. Here are some gift ideas for:

Teens:

- Remote control cars or trucks
- Craft or science sets
- Watches
- Hand-held games, ie: Bop it
- Young adult makeup kits
- Young adult jewellery

Infants:

- Rattles, play mats, musical toys

Children 1-2 years:

- Large Lego or Mega Blocks
- Sesame Street or Little People toys

Mugs of Joy

(no ceramic mugs, please) Donate travel mugs with the following inside:

- Coffee gift certificates
- Thermal/wool socks
- Hand wipes
- Bus tickets
- Pocket hand warmers
- Note of encouragement



Click on each logo to be taken to their website

These Are A Few of Our Favourite Things...



A truly versatile bib that works as both a bib & a craft smock & rolls up with a spoon & washcloths for travel!



Adorable hats, blankets & stuffed owls made of 100% post consumer recycled materials.



I loved my pregnancy massages at Sweet Momma. And pregnant or not, you can enjoy their many fabulous services or gift them to another special momma-to-be. December's special is the Candy Cane Sparkle



Beautiful couture blankets. These luxurious products come in baby, toddler and adult sizes!



Wonderful patterns & versatility.

Handmade & fair trade baby clothing & accessories.



Adorable Bubble Hoodies & other great clothing & accessories for children & parents!



Capture your treasured notes or child's artwork engraved on a customized charm or keychain. What a lovely keepsake!

Sam's Eco Friendly Baskets



These Funky collapsible Eco Friendly baskets come in all different colors and different designs.

Stretching the budget for Christmas



By Frugal Edmonton Mama

With Christmas less than three weeks away, parents are starting to feel the crunch when it comes to stretching the budget for Christmas. Toys can be expensive, but shopping around and using sale cycles and promotions can be a great way to reduce the cost of toys this Christmas.

Five ways to save on toys this Christmas include:

Shop at Costco

If you don't have a Costco membership, and haven't been able to check out the sales on toys, you just might want to tag along with a friend who has a membership. For example, this [Play food set](#) that retails for upwards of sixty dollars at online toy boutiques is only \$19 at Costco! Other toy deals found at Costco include Toddler Disney Dolls with extra princess outfit for \$19, A KidKraft Dollhouse for under a hundred dollars and Lego Town Center play sets for \$15! Check out your local store to get these fabulous deals on toys.

Use Coupons

There are coupons out there for toys, you might just have to be creative when it comes to finding them. Use the 50% off Michael's coupons that can be found [here](#) and are updated weekly. Popular items to use these coupons on include Crayola Color Wonder sets for five dollars, Melissa and Doug toys and puzzles for less than ten bucks and even activity, craft-sets and coloring books for cheap stocking stuffers. Also, Chapters has coupons that are delivered through Email, for subscribers, and through the Chapters Facebook page for twenty-five to thirty percent off of one item, great for those toys! Many of the coupons can be used online with the free shipping over \$25 too.

Watch the Flyers

Watch the Toys R Us flyer, as there are different toys every single week that are on sale for forty to fifty percent off of the regular price. Watching these sales and getting the toys for forty percent off can be a great way to reduce the cost of toys up to forty percent, just by buying the toys at the right time.

Group Buying Websites

Through the past few months there have been Groupon and other daily deals for toy stores like Laugh and Learn and Princess and the Pea. Using these daily deals, you can get double the toys for the promotion – and can extend these even further when you shop sales and in-store promotions to combine with the daily deal voucher.

Clearance Deals

Shop the clearance sales at popular chain stores like Toys R Us to find toys that have been discounted as much as seventy-five percent off of the regular price. Clearance deals can also be found online, by checking sale sections at The Disney Store (high shipping is offset by low prices and large orders), Chapters and Toys R Us.

Don't forget to check back with Frugal Edmonton Mama (<http://www.frugaledmontonmama.com>) every Friday for the best toy deals of the week!



Happy Holidays from

[Modern Mama!](#)

Connie,

Kjristen, mamapalooza.ca,

Sajida, SW Edmonton, and

Erin, St. Albert